



JOB TITLE: In-Home Stabilizer
DEPARTMENT: Oakland Assessment and Crisis Intervention Service (OACIS)
CLASSIFICATION: Non-exempt

REVISED: 2/19

POSITION DESCRIPTION

SUMMARY:

The In-Home Stabilizer is an at-will position that reports to the Program Director. This position will provide one to one supervision and support to youth who are assessed to meet criteria for inpatient psychiatric hospitalization, but hospital beds are not available. The In-Home Stabilizer will provide parent(s) with an alternative to staying with their child who is in need of hospitalization while at the Children's OACIS. Should the parent opt to wait for a hospital bed to open while at home with their child, this role would provide support to the parent(s) and child in their home or school until an inpatient bed is available.

The In-Home Stabilizer is also responsible for accompanying the child as a one to one staff at the Sanctuary Program when waiting for an inpatient psychiatric bed to become available.

ESSENTIAL JOB FUNCTIONS:

- Decrease parental stress and increase support for the child during a time of crisis
- Receive and manage referrals from the OACIS clinician or supervisor
- Provide face to face direct services in the home, school, emergency department, OACIS and/or community for a minimum of 50% of weekly schedule
- Provide psychoeducation regarding serious emotional disturbances
- Gather information every 30 minutes and follow the designed curricula, collect data, and provide feedback as part of documentation and reporting
- Document all services delivered in the EHR system within 24 hours
- Supervise and support child's activities while the family is taking a break
- Assist the parent with securing services such as Parent Support Partner, Core Provider, Intensive Crisis Stabilization Team (ICSS), etc.
- Report suspected abuse and neglect to supervisor immediately, within an hour
- Liaise and collaborate with Parent Support Partners, Intensive Crisis Stabilization Teams, OACIS, service providers, etc.
- Comply with attendance and punctuality policies, as well as all other Common Ground policies and procedures

RELATED JOB FUNCTIONS:

- Encourage parents to act as the trainer, coach and problem solver to their children
- Assist parents with practicing communication skills so they may feel empowered to advocate as well as explain their child's behaviors to other professionals, teachers, etc.
- Encourage positive interactions between parent and child as indicated by respective curriculum
- Ensure the parent is regularly updated regarding hospital placement if child is waiting for inpatient hospitalization
- Perform other job-related duties as assigned

SUPERVISION: None

REQUIRED KNOWLEDGE, SKILLS AND ABILITIES

KNOWLEDGE OF:

- Community mental health services for children
- Common Ground's programs and services
- Recovery orientation and trauma-informed care in behavioral healthcare

SKILL TO:

- Type, enter data and file efficiently



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SKILL TO: (cont.)

- Operate office equipment
- Interact well with departmental staff, individuals being served and vendors
- Demonstrate proficiency in relevant software and applications (i.e. Microsoft Word, Excel, PowerPoint and Outlook)

ABILITY TO:

- Relate to a diverse population which includes a variety of age, economic and educational backgrounds
- Work independently and apply critical thinking and decision-making skills
- Understand and follow verbal and written instructions
- Communicate effectively, both verbally and in writing
- Establish and maintain effective working relationships with others
- Consistently exercise superior customer service skills with both team members and individuals being served
- Demonstrate organizational skills with strong attention to detail
- Apply the dynamics of the crisis intervention model and engage in problem solving process
- Work in a multi-disciplinary environment and manage evolving needs

REQUIRED EDUCATION AND EXPERIENCE:

- Bachelor's degree in a mental health-related field from an accredited school with a minimum of three years supervised experience in the examination, evaluation, and treatment of minors and their families or;
- Minimum of five years of experience working with children with serious emotional disturbances and their families through a family focused approach

ESSENTIAL REQUIREMENTS:

Physical Requirements:

Push or pull up to 100 pounds, lift up to 50 pounds and carry up to 25 pounds. The physical demands described are representative of those that must be met by an employee to successfully perform the essential duties of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential duties.

Environmental Working Requirements:

Work is done in both an office environment with exposure to computer screens, as well as in the homes of the individuals being served; Assignments may require work to be done on an individual basis or in teams with members at various staffing levels. The work environment is that of a crisis center and may subject staff to behavioral and medical events that could be physically hazardous.

Other Requirements:

Valid Michigan Driver's license; The ability to work various shifts and irregular hours.

The agency may in its sole discretion fill this position on a full-time, part-time or contingent basis with the individual best fit to perform the essential functions of the job. The above statements describe the general nature and level of work performed by employees assigned to the title. Incumbents may be required to perform job-related responsibilities and tasks other than those stated in this specification. Employees in this title are subject to a background check and a pre-employment physical.

Employee Signature

Date

Human Resources Witness

Date